WHAT IS AIR POLLUTION?

Air pollution is the presence of substances in the atmosphere that are harmful to the health of humans and other living beings, or cause damage to the climate or to materials. There are different types of air pollutants, such as gases (such as ammonia, carbon monoxide, sulfur dioxide, nitrous oxides, methane and chlorofluorocarbons), particulates (both organic and inorganic), and biological molecules. Air pollution may cause diseases, allergies and even death to humans; it may also cause harm to other living organisms such as animals and food crops, and may damage the natural or built environment. Both human activity and natural processes can generate air pollution.

WHAT CAUSES AIR POLLUTION?

"Most air pollution comes from energy use and production," says John Walke, director of the Clean Air Project, part of the Climate and Clean Energy program at NRDC. "Burning fossil fuels releases gases and chemicals into the air." And in an especially destructive feedback loop, air pollution not only contributes to climate change but is also exacerbated by it. "Air pollution in the form of carbon dioxide and methane raises the earth's temperature," Walke says. "Another type of air pollution is then worsened by that increased heat: Smog forms when the weather is warmer and there's more ultraviolet radiation." Climate change also increases the production of allergenic air pollutants including mold (thanks to damp conditions caused by extreme weather and increased flooding) and pollen (due to a longer pollen season and more pollen production).

POLLUTANTS

An air pollutant is a material in the air that can have adverse effects on humans and the ecosystem. The substance can be solid particles, liquid droplets, or gases. A pollutant can be of natural origin or man-made. Pollutants are classified as primary or secondary. Primary pollutants are usually produced by processes such as ash from a volcanic eruption. Other examples include carbon monoxide gas from motor vehicle exhausts or sulfur dioxide released from factories. Secondary pollutants are not emitted directly. Rather, they form in the air when primary pollutants react or interact. Ground level ozone is a prominent example of a secondary pollutant. Some pollutants may be both primary and secondary: they are both emitted directly and formed from other primary pollutants.

Pollutants emitted into the atmosphere by human activity include:

Carbon dioxide (CO2) – Because of its role as a greenhouse gas it has been described as "the leading pollutant" and "the worst climate pollutant". Carbon dioxide is a natural component of the atmosphere, essential for plant life and given off by the human respiratory system. This question of terminology has practical effects, for example as determining whether the U.S. Clean Air Act is deemed to regulate CO2 emissions. CO2 currently forms about 410 parts per million (ppm) of earth's atmosphere, compared to about 280 ppm in pre-industrial times, and billions of metric tons of CO2 are emitted annually by burning of fossil fuels. CO2 increase in earth's atmosphere has been accelerating.

- Sulfur oxides (SOx) particularly sulfur dioxide, a chemical compound with the formula SO2.
 SO2 is produced by volcanoes and in various industrial processes. Coal and petroleum often contain sulfur compounds, and their combustion generates sulfur dioxide. Further oxidation of SO2, usually in the presence of a catalyst such as NO2, forms H2SO4, and thus acid rain is formed. This is one of the causes for concern over the environmental impact of the use of these fuels as power sources.
- Nitrogen oxides (NOx) Nitrogen oxides, particularly nitrogen dioxide, are expelled from high temperature combustion, and are also produced during thunderstorms by electric discharge. They can be seen as a brown haze dome above or a plume downwind of cities. Nitrogen dioxide is a chemical compound with the formula NO2. It is one of several nitrogen oxides. One of the most prominent air pollutants, this reddish-brown toxic gas has a characteristic sharp, biting odor.
- Carbon monoxide (CO) CO is a colorless, odorless, toxic gas. It is a product of combustion of fuel such as natural gas, coal or wood. Vehicular exhaust contributes to the majority of carbon monoxide let into our atmosphere. It creates a smog type formation in the air that has been linked to many lung diseases and disruptions to the natural environment and animals.
- Volatile organic compounds (VOC) VOCs are a well-known outdoor air pollutant. They are categorized as either methane (CH4) or non-methane (NMVOCs). Methane is an extremely efficient greenhouse gas which contributes to enhanced global warming. Other hydrocarbon VOCs are also significant greenhouse gases because of their role in creating ozone and prolonging the life of methane in the atmosphere. This effect varies depending on local air quality. The aromatic NMVOCs benzene, toluene and xylene are suspected carcinogens and may lead to leukemia with prolonged exposure. 1,3-butadiene is another dangerous compound often associated with industrial use.
- Particulate matter / particles, alternatively referred to as particulate matter (PM), atmospheric particulate matter, or fine particles, are tiny particles of solid or liquid suspended in a gas. In contrast, aerosol refers to combined particles and gas. Some particulates occur naturally, originating from volcanoes, dust storms, forest and grassland fires, living vegetation, and sea spray. Human activities, such as the burning of fossil fuels in vehicles, power plants and various industrial processes also generate significant amounts of aerosols. Averaged worldwide, anthropogenic aerosols—those made by human activities—currently account for approximately 10 percent of our atmosphere. Increased levels of fine particles in the air are linked to health hazards such as heart disease, altered lung function and lung cancer. Particulates are related to respiratory infections and can be particularly harmful to those already suffering from conditions like asthma.
- Persistent free radicals connected to airborne fine particles are linked to cardiopulmonary disease.
- Toxic metals, such as lead and mercury, especially their compounds.
- Chlorofluorocarbons (CFCs) harmful to the ozone layer; emitted from products are currently banned from use. These are gases which are released from air conditioners, refrigerators, aerosol sprays, etc. On release into the air, CFCs rise to the stratosphere. Here they come in contact with other gases and damage the ozone layer. This allows harmful ultraviolet rays to reach the earth's surface. This can lead to skin cancer, eye disease and can even cause damage to plants.

- Ammonia emitted mainly by agricultural waste. Ammonia is a compound with the formula NH3. It is normally encountered as a gas with a characteristic pungent odor. Ammonia contributes significantly to the nutritional needs of terrestrial organisms by serving as a precursor to foodstuffs and fertilizers. Ammonia, either directly or indirectly, is also a building block for the synthesis of many pharmaceuticals. Although in wide use, ammonia is both caustic and hazardous. In the atmosphere, ammonia reacts with oxides of nitrogen and sulfur to form secondary particles.
- Odors such as from garbage, sewage, and industrial processes
- Radioactive pollutants produced by nuclear explosions, nuclear events, war explosives, and natural processes such as the radioactive decay of radon.



Schematic drawing, causes and effects of air pollution: (1) greenhouse effect, (2) particulate contamination, (3) increased UV radiation, (4) acid rain, (5) increased ground-level ozone concentration, (6) increased levels of nitrogen oxides.

SOURCES

Anthropogenic (human-made) sources

These are mostly related to the burning of fuel.

• Stationary sources include smoke stacks of fossil fuel power stations, manufacturing facilities (factories) and waste incinerators, as well as furnaces and other types of fuel-burning heating

devices. In developing and poor countries, traditional biomass burning is the major source of air pollutants; traditional biomass includes wood, crop waste and dung.

- Mobile sources include motor vehicles, marine vessels, and aircraft.
- Controlled burn practices in agriculture and forest management. Controlled or prescribed burning is a technique sometimes used in forest management, farming, prairie restoration or greenhouse gas abatement. Fire is a natural part of both forest and grassland ecology and controlled fire can be a tool for foresters. Controlled burning stimulates the germination of some desirable forest trees, thus renewing the forest.



Beijing air on a 2005-day after rain (left) and a smoggy day (right)

There are also sources from processes other than combustion

- Fumes from paint, hair spray, varnish, aerosol sprays and other solvents. These can be substantial; emissions from these sources was estimated to account for almost half of pollution from volatile organic compounds in the Los Angeles basin in the 2010s.
- Waste deposition in landfills, which generate methane. Methane is highly flammable and may form explosive mixtures with air. Methane is also an asphyxiant and may displace oxygen in an enclosed space. Asphyxia or suffocation may result if the oxygen concentration is reduced to below 19.5% by displacement.
- Military resources, such as nuclear weapons, toxic gases, germ warfare and rocketry.
- Fertilized farmland may be a major source of nitrogen oxides.

Natural sources

- Dust from natural sources, usually large areas of land with little vegetation or no vegetation
- Methane, emitted by the digestion of food by animals, for example cattle
- Radon gas from radioactive decay within the Earth's crust. Radon is a colorless, odorless, naturally occurring, radioactive noble gas that is formed from the decay of radium. It is considered to be a health hazard. Radon gas from natural sources can accumulate in buildings, especially in confined areas such as the basement and it is the second most frequent cause of lung cancer, after cigarette smoking.
- Smoke and carbon monoxide from wildfires. During periods of actives wildfires, smoke from uncontrolled biomass combustion can make up almost 75% of all air pollution by concentration.

- Vegetation, in some regions, emits environmentally significant amounts of Volatile organic compounds (VOCs) on warmer days. These VOCs react with primary anthropogenic pollutants—specifically, NOx, SO2, and anthropogenic organic carbon compounds to produce a seasonal haze of secondary pollutants. Black gum, poplar, oak and willow are some examples of vegetation that can produce abundant VOCs. The VOC production from these species result in ozone levels up to eight times higher than the low-impact tree species.
- Volcanic activity, which produces sulfur, chlorine, and ash particulates

Environmental impacts

Though many living things emit carbon dioxide when they breathe, the gas is widely considered to be a pollutant when associated with cars, planes, power plants, and other human activities that involve the burning of fossil fuels such as gasoline and natural gas. That's because carbon dioxide is the most common of the greenhouse gases, which trap heat in the atmosphere and contribute to climate change. Humans have pumped enough carbon dioxide into the atmosphere over the past 150 years to raise its levels higher than they have been for hundreds of thousands of years.

Other greenhouse gases include methane —which comes from such sources as landfills, the natural gas industry, and gas emitted by livestock—and chlorofluorocarbons (CFCs), which were used in refrigerants and aerosol propellants until they were banned in the late 1980s because of their deteriorating effect on Earth's ozone layer.

Another pollutant associated with climate change is sulfur dioxide, a component of smog. Sulfur dioxide and closely related chemicals are known primarily as a cause of acid rain. But they also reflect light when released in the atmosphere, which keeps sunlight out and creates a cooling effect. Volcanic eruptions can spew massive amounts of sulfur dioxide into the atmosphere, sometimes causing cooling that lasts for years. In fact, volcanoes used to be the main source of atmospheric sulfur dioxide; today, people are.

Airborne particles, depending on their chemical makeup, can also have direct effects separate from climate change. They can change or deplete nutrients in soil and waterways, harm forests and crops, and damage cultural icons such as monuments and statues.

EFFECTS OF AIR POLLUTION

Health effects

In 2012, air pollution caused premature deaths on average of 1 year in Europe, and was a significant risk factor for a number of pollution-related diseases, including respiratory infections, heart disease, COPD, stroke and lung cancer. The health effects caused by air pollution may include difficulty in breathing, wheezing, coughing, asthma and worsening of existing respiratory and cardiac conditions. These effects can result in increased medication use, increased doctor or emergency department visits, more hospital admissions and premature death. The human health effects of poor air quality are far reaching, but principally affect the body's respiratory system and the cardiovascular system. Individual reactions to air pollutants depend on the type of pollutant a person is exposed to, the degree of exposure, and the individual's health status and genetics. The most common sources of air pollution include particulates,

ozone, nitrogen dioxide, and sulfur dioxide. Children aged less than five years that live in developing countries are the most vulnerable population in terms of total deaths attributable to indoor and outdoor air pollution

Agricultural effects

In India in 2014, it was reported that air pollution by black carbon and ground level ozone had reduced crop yields in the most affected areas by almost half in 2011 when compared to 1980 levels

Economic effects

Air pollution costs the world economy \$5 trillion per year as a result of productivity losses and degraded quality of life, according to a joint study by the World Bank and the Institute for Health Metrics and Evaluation (IHME) at the University of Washington. These productivity losses are caused by deaths due to diseases caused by air pollution. One out of ten deaths in 2013 was caused by diseases associated with air pollution and the problem is getting worse. The problem is even more acute in the developing world. "Children under age 5 in lower-income countries are more than 60 times as likely to die from exposure to air pollution as children in high-income countries." The report states that additional economic losses caused by air pollution, including health costs and the adverse effect on agricultural and other productivity were not calculated in the report, and thus the actual costs to the world economy are far higher than \$5 trillion.

Historical disasters

The world's worst short-term civilian pollution crisis was the 1984 Bhopal Disaster in India. Leaked industrial vapours from the Union Carbide factory, belonging to Union Carbide, Inc., U.S.A. (later bought by Dow Chemical Company), killed at least 3787 people and injured from 150,000 to 600,000. The United Kingdom suffered its worst air pollution event when the December 4 Great Smog of 1952 formed over London. In six days more than 4,000 died and more recent estimates put the figure at nearer 12,000. An accidental leak of anthrax spores from a biological warfare laboratory in the former USSR in 1979 near Sverdlovsk is believed to have caused at least 64 deaths.[110] The worst single incident of air pollution to occur in the US occurred in Donora, Pennsylvania in late October, 1948, when 20 people died and over 7,000 were injured.

EU urban population exposed to harmful levels of air pollution in 2010-2012, according to:

	EU Limits/Target Values	WHO guidelines
PM _{2.5}	9–14% *********	87–93% ********
PM ₁₀	17–30% 	61–83% **********
0 ₃	14–15% **********	97–98% ********
NO ₂	8–12% *********	8–12% *********
BaP	25–28% ********	85–91% *********
SO2	< 1% ********	36–37% ********

Up to 30 % of Europeans living in cities are exposed to air pollutant levels exceeding EU air quality standards. And around 98 % of Europeans living in cities are exposed to levels of air pollutants deemed damaging to health by the World Health Organization's more stringent guidelines

HOW TO HELP REDUCE AIR POLLUTION

The less gasoline we burn, the better we're doing to reduce air pollution and harmful effects of climate change. Make good choices about transportation. When you can, walk, ride a bike, or take public transportation. For driving, choose cars that get better miles per gallon of gas or choose an electric car. You can also investigate your power provider options—you may be able to request that your electricity be supplied by wind or solar. Buying your food locally cuts down on the fossil fuels burned in trucking or flying food in from across the country. And perhaps most important - Support leaders who push for clean air and water and responsible steps on climate change.

Sources:

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